

SEPTEMBER 2018 St. Mary's/ Trinity Breakfast

MONDAY

No School
Labor Day

3

TUESDAY

Egg & Cheese Biscuit
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Mandarin Oranges or
Pineapple
Milk/Juice

4

WEDNESDAY

Cinnamon Roll
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Applesauce or Pineapple
Milk/Juice

5

THURSDAY

Sausage Pancake on a
Stick
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Peaches or Apple
Milk/Juice

6

FRIDAY

Egg Wrap with Salsa
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Pears or Peaches
Milk/Juice

7

French Toast
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Peaches or Pears
Milk/Juice

10

Breakfast Pizza
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Applesauce or Mandarin
Oranges
Milk/Juice

11

Extravaganza and Toast
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Pears or Banana
Milk/Juice

12

Sausage Biscuit
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Pineapple or Peaches
Milk/Juice

13

Sausage, Egg & Cheese
Tornado
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Pineapple or Applesauce
Milk/Juice

14

French Toast
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Peaches or Pineapple
Milk/Juice

17

Glazed Donut Ring
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Mandarin Oranges or
Peaches
Milk/Juice

18

Scrambled Eggs and
Toast
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Mandarin Oranges or
Applesauce
Milk/Juice

19

Sausage Biscuit
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Applesauce or Pears
Milk/Juice

20

Chicken Biscuit
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Pears or Pineapple
Milk/Juice

21

Cinnamon Toast
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Pears or Applesauce
Milk/Juice

24

Cinnamon Roll
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Applesauce or Pineapple
Milk/Juice

25

Egg & Cheese Biscuit
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Mandarin Oranges or
Pineapple
Milk/Juice

26

Sausage Pancake on a
Stick
Parfaits
Poptarts
Cereal w/ Grah Ckrs
Peaches or Apple
Milk/Juice

27

No School

28

A La Carte

Snacks - .50c - \$2.00

Students with a Negative Lunch Account Balance **CAN NOT** Charge A la Carte items.

Menu – Subject to change due to weather or availability.

Breakfast Prices \$\$
Reg. \$1.75 Reduced \$.30c
Staff and Guest \$2.50

Lunch Prices \$\$
Reg. \$2.95 Reduced \$.40c
Staff and Guest \$3.50

Please have your lunch request in by 8:00 AM

School News

OFFERED DAILY ARE:
PB SAND., PB&J
UNCRUSTABLE SAND.,
GRILLED CHEESE SAND.
Pepperoni or Cheese Pizza

Negative Lunch Account Balance Reports are sent home weekly or are notified by text. Please resolve as soon as possible. Any questions, please call cafeteria at 270-233-5594 or email cafe@stmarywoods.com

Thank you,

Cafeteria

DID YOU KNOW...

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.