

# SEPTEMBER 2018 St. Mary's/Trinity Lunch

## MONDAY

**No School** **3**  
**Labor Day**

**10**  
Chicken or Fish Nuggets  
Mashed Potatoes, Peas,  
Fresh Carrots,  
Applesauce, Mixed  
Berries, Choc. or Vanilla  
Pudding  
Milk/Juice

**17**  
Popcorn Chicken or  
Country Breaded Chicken  
with White Gravy, WW  
Roll, Mashed Potatoes,  
Green Beans, Fresh  
Carrots, Frz Straw.,  
Pineapple  
Milk/Juice

**24**  
Cheeseburger,  
Hamburger or Crisпитos  
Baked Beans, Smiles,  
Fresh Carrots, Pickles,  
Applesauce, Mixed  
Berries  
Milk/Juice

## TUESDAY

**4**  
BBQ Chicken Sand.  
Or Plain Chicken Sand.  
Smiley Fries, Baked  
Beans, Romaine Salad,  
Fresh Carrots, Pickle  
Spears, Mandarin Oranges,  
Fruit Slushy  
Milk/Juice

**11**  
Doritos Taco  
Or Arroz Con Pollo  
Fiesta Rice, Pinto Beans,  
Romaine Lettuce, Fresh  
Carrots, Shredded  
Cheese, Salsa, Pears,  
Apple  
Milk/Juice

**18**  
Brunch  
Sausage, Scrambled Eggs  
& Biscuit  
Gravy, Hashbrown, Fresh  
Carrots, Cucumbers,  
Grapes, Baked Apples  
Milk/Juice

**25**  
Chicken Nuggets or  
Turkey and Gravy  
Biscuit, Peas, Cooked  
Carrots, Romaine Side  
Salad, Pineapple,  
Applesauce  
Milk/Juice

## WEDNESDAY

**5**  
Spaghetti w/Meat Sauce or  
Chicken Alfredo,  
Breadstick, Green Beans,  
Romaine Salad, Fresh  
Carrots, Peaches &  
Cream, Mandarin Oranges  
Milk/Juice

**12**  
Grilled Cheese or Hot Dog  
Chili, Smiles, Fresh  
Carrots, Cucumbers,  
Frozen Peaches,  
Pineapple  
Milk/Juice

**19**  
Pizza Casserole or  
Meatball Sub  
Corn, Green Beans, Fresh  
Carrots, Fruit Slushy,  
Mandarin Oranges  
Milk/Juice

**26**  
Hot Ham & Cheese or  
Loaded Baked Potatoe w/  
Breadstick. Mac. And  
Cheese, Green Beans,  
Romaine Salad, Fresh  
Broccoli, Applesauce, Frz  
Peaches, Choc. Chip  
Cookie  
Milk/Juice

## THURSDAY

**6**  
Brunch  
Sausage, Egg Patty &  
Biscuit, Gravy, Tots, Fresh  
Carrots, Tomato,  
Pineapple or Baked  
Apples  
Milk/Juice

**13**  
Chicken Parmesan  
w/Breadstick or Cheese  
Pizza, Corn, Romaine  
Salad, Fresh Carrots,  
Cucumbers, Pineapple,  
Apple  
Milk/Juice

**20**  
General Tso Beef & Rice  
or Orange Chicken  
Brown Rice, Steamed  
Broccoli, Fresh Carrots,  
Cucumbers, Mandarin  
Oranges, Frz Straw.,  
Choc. Chip Cookie  
Milk/Juice

**27**  
Cheese Pizza or Mini  
Corn Dogs  
Corn, Broccoli with  
Cheese, Fresh Carrots,  
Mandarin Oranges, Pears,  
Choc. or Vanilla Pudding  
Milk/Juice

## FRIDAY

**7**  
Pepperoni Pizza  
Or Sloppy Joe  
Corn, Romaine Lettuce,  
Fresh Carrots,  
Applesauce, Pears, Choc.  
or Vanilla Pudding  
Milk/Juice

**14**  
Turkey/Cheese Sub  
or Ham/Cheese Sub  
Chips, Cucumbers, Fresh  
Carrots, \*\*Toppings,  
Frozen Peaches, Mandarin  
Oranges, Choc. Chip  
Cookie  
Milk/Juice

**21**  
Turkey/Cheese Sub or  
Fish Sticks w/ Bread Slice  
Smiles, Baked Beans,  
Romaine Salad, Fresh  
Carrots, Pineapple.,  
Peaches. Choc. or Vanilla  
Pudding  
Milk/Juice

**No School** **28**

## A La Carte

Snacks - .50c - \$2.00

Students with a Negative  
Lunch Account Balance  
CAN NOT Charge A la Carte  
items.

Menu - Subject to change  
due to weather or  
availability.

Breakfast Prices \$\$  
Reg. \$1.75 Reduced \$.30c  
Staff and Guest \$2.50

Lunch Prices \$\$  
Reg. \$2.95 Reduced \$.40c  
Staff and Guest \$3.50

Please have your lunch  
request in by 8:00 AM

## School News

OFFERED DAILY ARE:  
PB SAND., PB&J  
UNCRUSTABLE SAND.,  
GRILLED CHEESE SAND.  
Pepperoni or Cheese Pizza

Negative Lunch Account  
Balance Reports are sent  
home weekly or are notified  
by text. Please resolve as  
soon as possible. Any  
questions, please call  
cafeteria at 270-233-5594 or  
email

[cafe@stmarywoods.com](mailto:cafe@stmarywoods.com)

Thank you,

Cafeteria

## DID YOU KNOW...

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.