

JANUARY 2019 St. Mary's/ Trinity Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Happy
New
Year!!**

7
BBQ Chicken Sand.
Or Plain Chicken Sand.
Smiley Fries, Baked
Beans, Romaine Salad,
Fresh Carrots, Pickle
Spear, Mandarin
Oranges, Fruit Slushy
Milk/Juice

14
Chicken or Fish Nuggets
Mashed Potatoes, Peas,
Fresh Carrots,
Applesauce, Mixed
Berries, Choc. or Vanilla
Pudding
Milk/Juice

21
No School

28
Cheeseburger,
Hamburger or
Crispitos
Baked Beans, Smiles,
Fresh Carrots, Pickles,
Applesauce, Mixed
Berries
Milk/Juice

8
Chopped Steak with
Brown Gravy or Fish Fillet
Dinner Roll, Mashed Pot.,
Peas, Fresh Broccoli,
Carrots, Frn Strawberries,
Pineapple, Chocolate Chip
Cookie
Milk/Juice

15
Doritos Taco
Or Arroz Con Pollo
Fiesta Rice, Pinto
Beans, Romaine
Lettuce, Fresh Carrots,
Shredded Cheese,
Salsa, Pears, Apple
Milk/Juice

22
Popcorn Chicken or
Country Breaded
Chicken with White
Gravy, WW Roll,
Mashed Potatoes,
Green Beans, Fresh
Carrots, Frz Straw.,
Pineapple
Milk/Juice

29
Chicken Nuggets or
Turkey and Gravy
Biscuit, Peas, Cooked
Carrots, Romaine Side
Salad, Pineapple,
Applesauce
Milk/Juice

2
Cheeseburger,
Hamburger or Crispitos
Baked Beans, Smiles,
Fresh Carrots, Pickles,
Applesauce, Mixed
Berries
Milk/Juice

9
Spaghetti w/Meat Sauce or
Chicken Alfredo,
Breadstick, Green Beans,
Romaine Salad, Fresh
Carrots, Peaches &
Cream, Mandarin Oranges
Milk/Juice

16
Grilled Cheese or Hot
Dog
Chili, Smiles, Fresh
Carrots, Cucumbers,
Frozen Peaches,
Pineapple
Milk/Juice

23
Brunch
Sausage, Scrambled
Eggs & Biscuit
Gravy, Hashbrown,
Fresh Carrots,
Cucumbers, Grapes,
Baked Apples
Milk/Juice

30
Hot Ham & Cheese or
Loaded Baked Potatoe w/
Breadstick. Mac. And
Cheese, Green Beans,
Romaine Salad, Fresh
Broccoli, Applesauce, Frz
Peaches, Choc. Chip
Cookie
Milk/Juice

3
Chicken Nuggets or
Turkey and Gravy
Biscuit, Peas, Cooked
Carrots, Romaine Side
Salad, Pineapple,
Applesauce
Milk/Juice

10
Brunch
Sausage, Egg Patty &
Biscuit, Gravy, Tots,
Fresh Carrots, Tomato,
Pineapple or Baked
Apples
Milk/Juice

17
Chicken Parmesan
w/Breadstick or
Cheese Pizza, Corn,
Romaine Salad, Fresh
Carrots, Cucumbers,
Pineapple, Apple
Milk/Juice

24
Pizza Casserole or
Meatball Sub
Corn, Green Beans,
Fresh Carrots, Fruit
Slushy, Mandarin
Oranges
Milk/Juice

31
Cheese Pizza or Mini
Corn Dogs
Corn, Broccoli with
Cheese, Fresh Carrots,
Mandarin Oranges,
Pears, Choc. or Vanilla
Pudding
Milk/Juice

4
Cheese Pizza or Mini
Corn Dogs
Corn, Broccoli with
Cheese, Fresh Carrots,
Mandarin Oranges,
Pears, Choc. or Vanilla
Pudding
Milk/Juice

11
Pepperoni Pizza
Or Sloppy Joe
Corn, Romaine Lettuce,
Fresh Carrots,
Applesauce, Pears,
Choc. or Vanilla
Pudding
Milk/Juice

18
Turkey/Cheese Sub
or Ham/Cheese Sub
Chips, Cucumbers, Fresh
Carrots, **Toppings,
Frozen Peaches,
Mandarin Oranges, Choc.
Chip Cookie
Milk/Juice

25
General Tso Beef & Rice
or Orange Chicken
Brown Rice, Steamed
Broccoli, Fresh Carrots,
Cucumbers, Mandarin
Oranges, Frz Straw.,
Choc. Chip Cookie
Milk/Juice

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

A La Carte

Snacks - .50c - \$2.00

Students with a Negative
Lunch Account Balance
CAN NOT Charge A la Carte
items.

Menu - Subject to change
due to weather or
availability.

Breakfast Prices \$\$
Reg. \$1.75 Reduced \$.30c
Staff and Guest \$2.50

Lunch Prices \$\$
Reg. \$2.95 Reduced \$.40c
Staff and Guest \$3.50

Please have your lunch
request in by 8:00 AM

School News

OFFERED DAILY ARE:
PB SAND., PB&J
UNCRUSTABLE SAND.,
GRILLED CHEESE SAND.
Pepperoni or Cheese Pizza

Negative Lunch Account
Balance Reports are sent
home weekly or are notified
by text. Please resolve as
soon as possible. Any
questions, please call
cafeteria at 270-233-5594 or
email

caf@stmarywoods.com

Thank you,

Cafeteria