

MARCH 2019

St. Mary's/Trinity Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

4
BBQ Chicken Sand.
Or Plain Chicken Sand.
Smiley Fries, Baked
Beans, Romaine Salad,
Fresh Carrots, Pickle
Spears, Mandarin
Oranges, Fruit Slushy
Milk/Juice

5
Spaghetti w/Meat Sauce or
Chicken Alfredo,
Breadstick, Green Beans,
Romaine Salad, Fresh
Carrots, Peaches &
Cream, Mandarin Oranges
Milk/Juice

6
Ash Wednesday
Fish Fillet
Dinner Roll, Mashed Pot.,
Peas, Fresh Broccoli,
Carrots, Frz. Strawberries,
Pineapple, Choc. Chip
Cookie
Milk/Juice

7
Brunch
Sausage, Egg Patty &
Biscuit, Gravy, Tots,
Fresh Carrots, Tomato,
Pineapple or Baked
Apples
Milk/Juice

8
Cheese Pizza
Or Grilled Cheese
Corn, Romaine Lettuce,
Fresh Carrots,
Applesauce, Pears Choc.
or Vanilla Pudding
Milk/Juice

11
Chicken or Fish Nuggets
Mashed Potatoes, Peas,
Fresh Carrots,
Applesauce, Mixed
Berries, Choc. or Vanilla
Pudding
Milk/Juice

12
Doritos Taco
Or Arroz Con Pollo
Fiesta Rice, Pinto
Beans, Romaine
Lettuce, Fresh Carrots,
Shredded Cheese,
Salsa, Pears, Apple
Milk/Juice

13
Grilled Cheese or Hot
Dog
Chili, Smiles, Fresh
Carrots, Cucumbers,
Frozen Peaches,
Pineapple
Milk/Juice

14
Chicken Parmesan
w/Breadstick or
Cheese Pizza, Corn,
Romaine Salad, Fresh
Carrots, Cucumbers,
Pineapple, Apple
Milk/Juice

15
Fish Taco
Spanish Rice, Pinto
Beans, Romaine Lettuce,
Fresh Carrots, Shredded
Cheese, Salsa
Pears or Fresh Apple
Milk/Juice

18
Pizza Casserole or
Meatball Sub
Corn, Green Beans,
Fresh Carrots, Fruit
Slushy, Mandarin
Oranges
Milk/Juice

19
Popcorn Chicken or
Country Breaded Chicken
with White Gravy, WW
Roll, Mashed Potatoes,
Green Beans, Fresh
Carrots, Frz Straw.,
Pineapple

20
Turkey Cheese Sub or
Hot Ham & Cheese
Smiles, Baked Beans,
Romaine Salad, Fresh
Carrots, Pineapple,
Peaches
Choc. or Van. Pudding
Milk/Juice

21
General Tso Beef & Rice
or Orange Chicken
Brown Rice, Steamed
Broccoli, Fresh Carrots,
Cucumbers, Mandarin
Oranges, Frz Straw.,
Choc. Chip Cookie
Milk/Juice

22
Brunch
Scrambled Eggs with
Cheese & Biscuit
Gravy, Hashbrown,
Fresh Carrots,
Cucumbers, Baked
Apples, Orange
Milk/Juice

25
Cheeseburger,
Hamburger or
Crispitos
Baked Beans, Smiles,
Fresh Carrots, Pickles,
Applesauce, Mixed
Berries
Milk/Juice

26
Chicken Nuggets or
Turkey and Gravy
Biscuit, Peas, Cooked
Carrots, Romaine Side
Salad, Pineapple,
Applesauce
Milk/Juice

27
Cheese Pizza or Mini
Corn Dogs
Corn, Broccoli with
Cheese, Fresh Carrots,
Mandarin Oranges,
Pears, Choc. or Vanilla
Pudding
Milk/Juice

28
Beef Taco or
Chicken Fajita
Soft Shell or Chips
Spanish Rice, Black
Beans, Fresh Broccoli,
Fresh Carrots
Banana or Frz Peaches
Milk/Juice

29
Fish Fillet
Mac & Cheese
Green Beans, Romaine
Salad, Fresh Broccoli,
Applesauce, Frz Peaches,
Choc. Chip Cookie
Milk/Juice

A La Carte

Snacks - .50c - \$2.00

Students with a Negative Lunch Account Balance CAN NOT Charge A la Carte items.

Menu - Subject to change due to weather or availability.

Breakfast Prices \$\$
Reg. \$1.75 Reduced \$.30c
Staff and Guest \$2.50

Lunch Prices \$\$
Reg. \$2.95 Reduced \$.40c
Staff and Guest \$3.50

Please have your lunch request in by 8:00 AM

School News

OFFERED DAILY ARE:
PB SAND., PB&J
UNCRUSTABLE SAND.,
GRILLED CHEESE SAND.
Pepperoni or Cheese Pizza

Negative Lunch Account Balance Reports are sent home weekly or are notified by text. Please resolve as soon as possible. Any questions, please call cafeteria at 270-233-5594 or email

cafe@stmarywoods.com

Thank you,
Cafeteria