

NOVEMBER 2019

St. Mary's/Trinity Lunch

Monday

Tuesday

Wednesday

Thursday

Friday

DID YOU KNOW?

Throughout history, November was associated in large parts of the world with the beginning of winter and people would spend the month storing food and preparing their homes to survive the cold season.

4
Pizza Casserole or
Meatball Sub
Corn
Fresh Carrots
Side Salad (9-12 only)
Fruit Slushy
Fruit Choice
Milk/Juice

5
**No School
Election Day**

6
Brunch
Sausage, Scrambled
Eggs, & Biscuit
Gravy, Baked Apples
Fresh Cucumbers
Cherry Tomatoes
Hash Browns
Fruit Choice
Milk/Juice

7
General Tso Chicken
Or
Orange Chicken
Brown Rice,
Streamed Broccoli
Cooked Carrots
Fruit Choice
Choc. Chip Cookie
Milk/Juice

8
Popcorn Chicken
Or
Country Breaded Chicken
w/ white Gravy
Dinner Roll, Mashed
Potatoes, Green Beans,
Fresh Carrots
Fruit Choice
Milk/Juice

11
Brunch
Sausage, Egg Patty &
Biscuit
Gravy, Hashbrown, Fresh
Carrots, Grape Tomatoes
(9-12 only), Pineapple,
Baked Apples
Milk/Juice

12
Philly Beef with Gravy
Dinner Roll
Mashed Potatoes
Peas
Fresh Carrots
Fruit Choice
Choc. Chip Cookie
Milk/Juice

13
Spaghetti w/ meat Sauce
or
Chicken Alfredo
Breadstick, Green Beans,
Romaine Salad, Fresh
Carrots, Mandarin
Oranges, Peaches &
Cream
Milk/Juice

14
Pulled Pork or Plain
Chicken Sandwich
Smiley Fries
Baked Beans, Romaine
Salad, Fresh Carrots,
Pickle Spear, Fruit
Choice,
Fruit Slushy
Milk/Juice

15
Pepperoni Pizza
Corn
Romaine Lettuce
Fruit Choice
Vanilla/Choc
Pudding
Milk/Juice

18
Cheeseburger,
Hamburger or Crisпитos
Baked Beans
Smiley Fries
Fresh Carrots
Pickles
Fruit Choice
Milk/Juice

19
Beef Taco
Or
Chicken Fajita
Spanish Rice
Refried Beans
Fresh Carrots
Toppings
Fruit Choice
Milk/Juice

20
KY Hot Brown & Mashed
Potatoes OR
Loaded Baked Potato &
Roll OR Hot Dog
Green Beans, Steamed
Broccoli, Romaine Salad,
Fruit Choice, Choc. Chip
Cookie
Milk/Juice

21
Thanksgiving Meal
Turkey, Gravy,
Mashed Pot.,
Green Beans, Roll,
Fruit Choice
Milk/Juice

22
Cheese Pizza
Or
Mini Corn Dogs
Corn
Broccoli w/ Cheese
Fruit Choice
Choc. or Vanilla Pudding
Milk/Juice

25
Chicken Cheese & Rice
Or
Doritos Taco
Spanish Rice
Pinto Beans
Fresh Carrots
Toppings
Fruit Choice
Milk/Juice

26
Buffalo or BBQ Chicken
Wings
Roll,
Green beans,
Smiley Fries,
Fresh Carrots,
Fruit Choice,
Choc. or Vanilla Pudding
Milk/Juice

27
No School

28
**Happy
Thanksgiving**

29
No School

A La Carte

Snacks - .50c - \$2.00

Students with a Negative
Lunch Account Balance
CAN NOT Charge A la Carte
items.

Staff can not charge meals.

Menu - Subject to change
due to weather or
availability.

Breakfast Prices \$\$
Reg. \$1.95 Reduced \$.30c
Staff and Guest \$2.75

Lunch Prices \$\$
Reg. \$2.95 Reduced \$.40c
Staff and Guest \$3.75

Please have your lunch
request in by 8:00 AM

School News

OFFERED DAILY ARE:
PB SAND., PB&J
UNCRUSTABLE SAND.,
GRILLED CHEESE SAND.
PEPPERONI OR CHEESE
PIZZA.

Negative Lunch Account
Balance Reports are sent
home weekly or are notified
by text. Please resolve as
soon as possible. Any
questions, please call
cafeteria at 270-233-9360 or
email
caf@stmarywoods.com

Thank you,
Cafeteria