



Diocese of Owensboro COVID Procedures Summary (Rev 3-4-24)

The Diocese of Owensboro (DOO) protocol has been updated to reflect the endemic nature of the COVID-19 virus in conjunction with the CDC’s Respiratory Virus Guidance released on 3-1-24.

Terminology:

- **“Fever-Free:”** 24 hours fever-free without fever-reducing medication, such as Ibuprofen or Tylenol
- **Asymptomatic:** Not exhibiting any symptoms of illness
- **Symptomatic:** Exhibiting symptoms of illness
- As indicated per individual situation, you may be asked to have a COVID test or be asked to stay home
- **KHSAA:** Quarantine & testing may vary based on KHSAA requirements for athletes to return to practice or play. For more information, visit: <https://khsaa.org/sports-medicine/sports-safetysports-medicine/>

COVID Symptoms-Stay home and get tested if any of the following: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, sneezing, congestion or runny nose, nausea or vomiting, diarrhea

<p>#1 Student or Employee has <u>TESTED POSITIVE</u></p>	<ul style="list-style-type: none"> • Notify the School <p><u>If Symptomatic</u></p> <ul style="list-style-type: none"> • The student/employee may return if 24 hours fever-free without fever reducing medication & symptoms are “improving overall” (i.e., cough &/or sneeze are minimal and nasal & oral secretions well contained) • Recommend wearing a mask for 5 days after symptoms have improved <p><u>If Asymptomatic</u></p> <ul style="list-style-type: none"> • May continue to come to school/work • Recommend wearing a mask for 5 days after positive test
<p>#2 Student or Employee is a “<u>Close Contact</u>”</p>	<p><u>If Asymptomatic</u></p> <ul style="list-style-type: none"> • May continue to come to school/work • Recommend wearing a mask for 5 days • Monitor for symptoms for 10 days • Stay home & get tested if symptoms develop <p><u>If Symptomatic</u></p> <ul style="list-style-type: none"> • Stay home & get tested. • If this COVID test is NEGATIVE, may return to school when 24 hours fever-free & symptoms are “improving overall” (i.e., cough minimal and nasal & oral secretions well contained) • If this COVID test is POSITIVE: Follow instructions in #1 above