

October 2025

St. Mary's / Trinity

Monday

Tuesday

Wednesday

Thursday

Friday



Mini Waffle
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

6

Chicken Biscuit
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

7

Banana, Blueberry,
Pumpkin Bread
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

1

Tornadoes
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

2

Glazed donut
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

3

Waffles
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

20

Chicken Biscuit
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

21

Banana, Chocolate
or Blueberry Muffin
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

22

Sausage Pancake
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

23

Eggs and Toast
W/ Hash Brown
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

24

French toast
Pop-tarts
Cereal
Fruit choice
Milk or juice

27

Sausage biscuit
Pop-tarts
Cereal
Fruit choice
Milk or juice

28

Cinnamon Rolls
Pop-tarts
Cereal
Fruit choice
Milk or juice

29

Tornadoes
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

30

Glazed donut
Pop-Tarts
Cereal
Fruit Choice
Milk or Juice

31

Fall Break

13

Fall Break

14

Fall Break

15

Fall Break

16

Fall Break

17

No charging is allowed for ala carte items, please be sure to have money on your account for extras. This menu is subject to change due to availability, weather or supply chain issues.

Questions: e-mail cafe@stmarywoods.com